

Mosquito SWAT TEAM

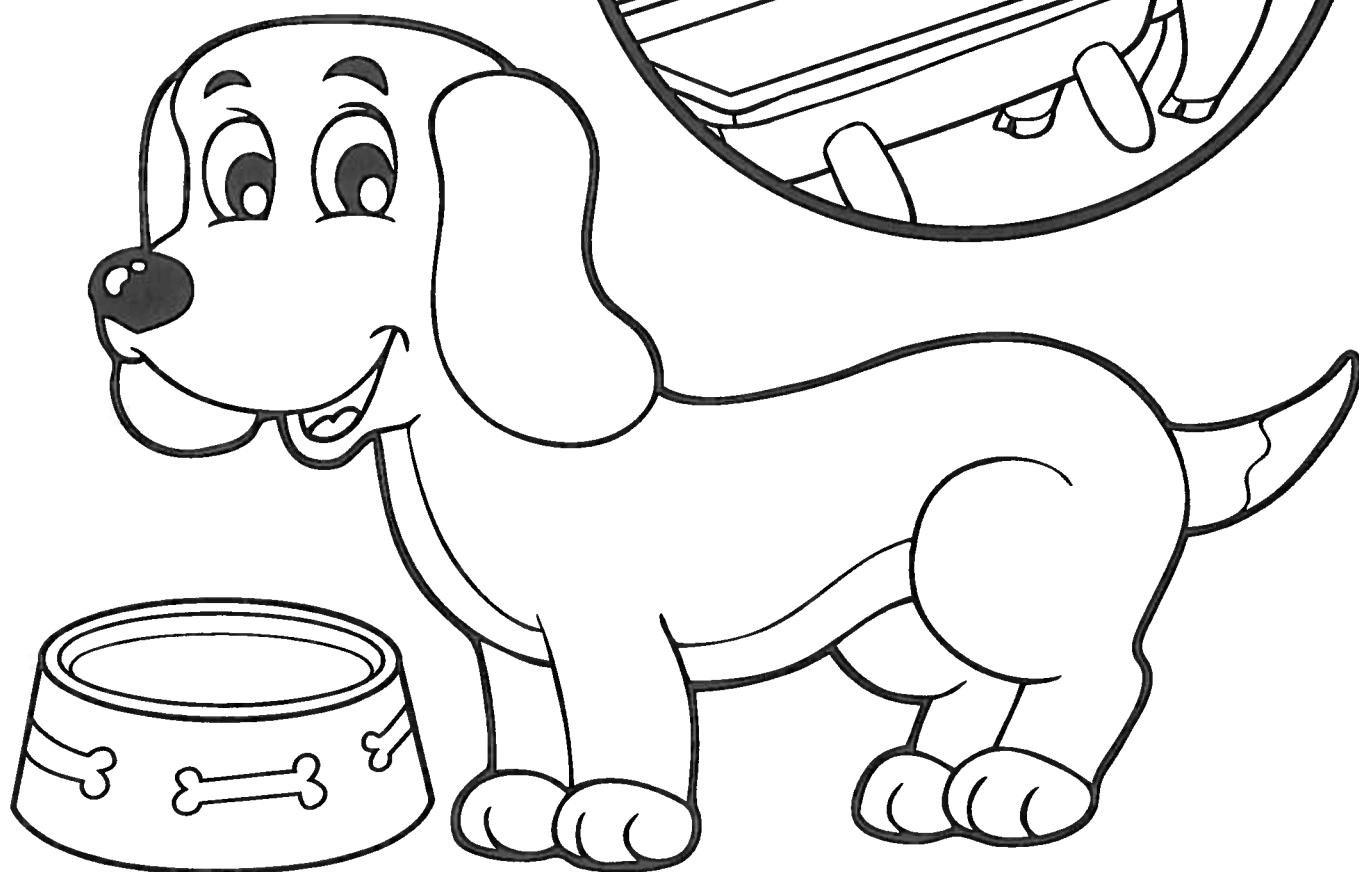
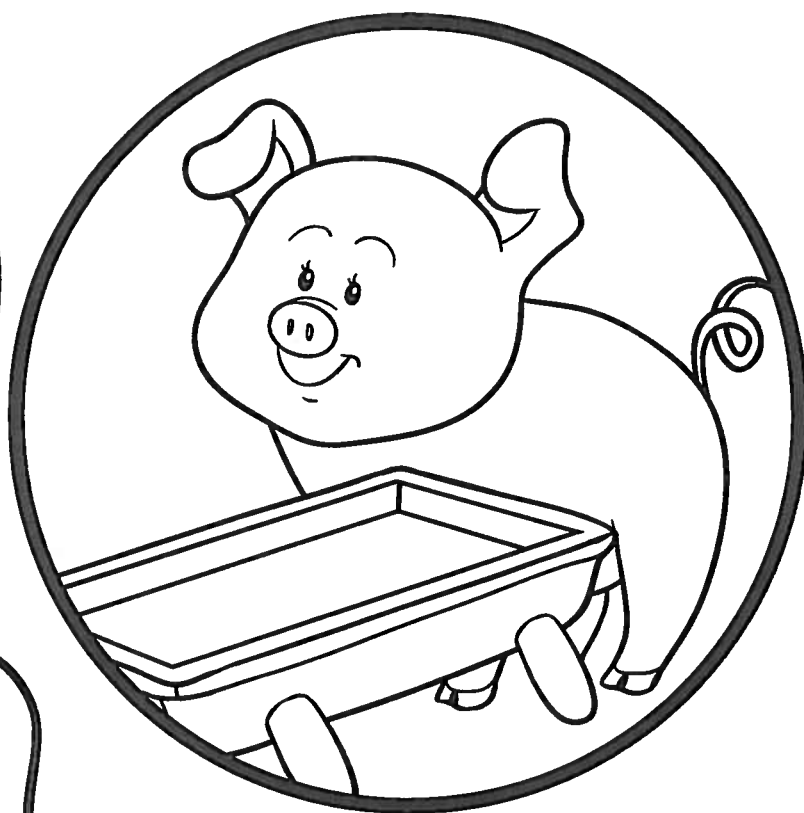


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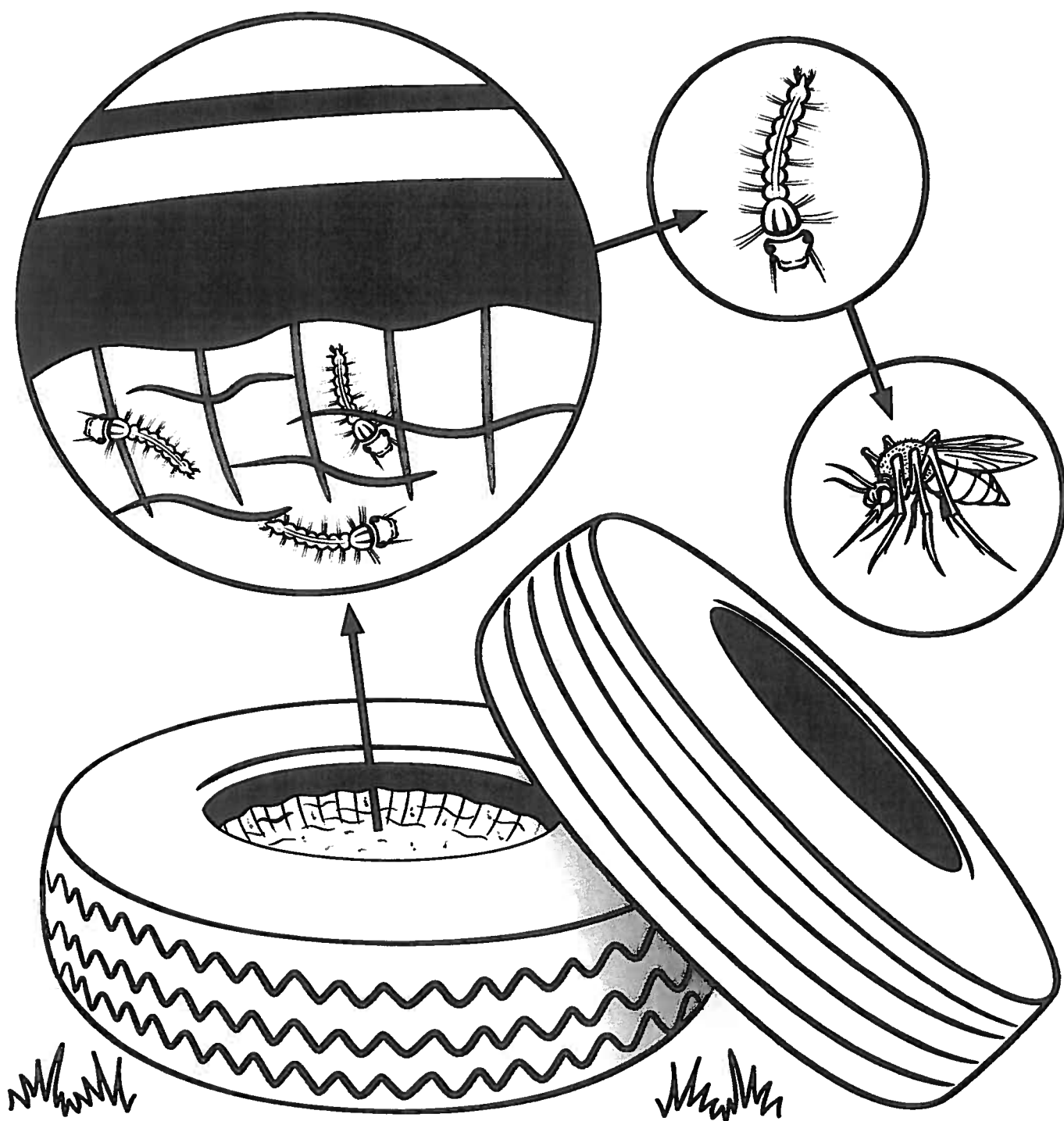
NorthWest Bergen
Regional Health Commission
Good Public Health Grows a Stronger Community

Information adapted from :

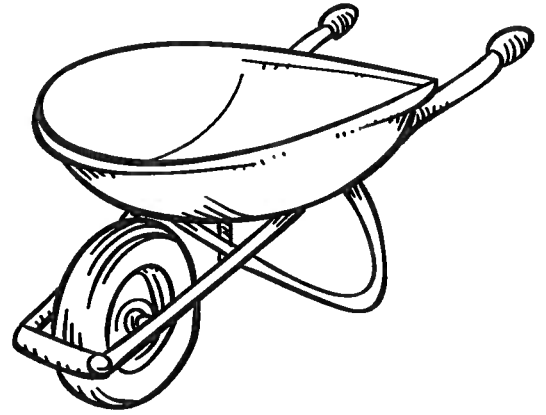
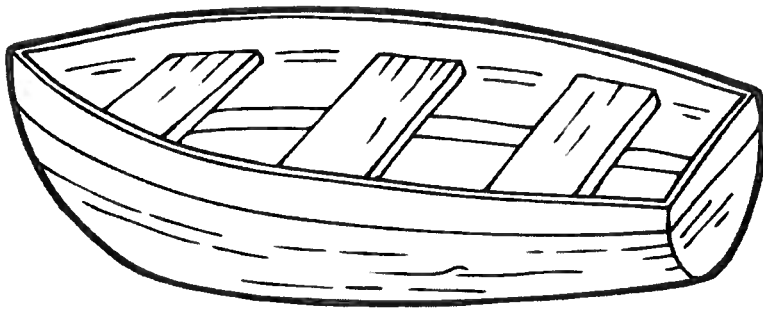
The Alabama Department of Public Health



Change the water and scrub the sides of bird baths, animal troughs, and pet watering dishes often to get rid of mosquito eggs.



Properly discard unused tires, make holes in them, or store them in a covered area so that water cannot collect in them.

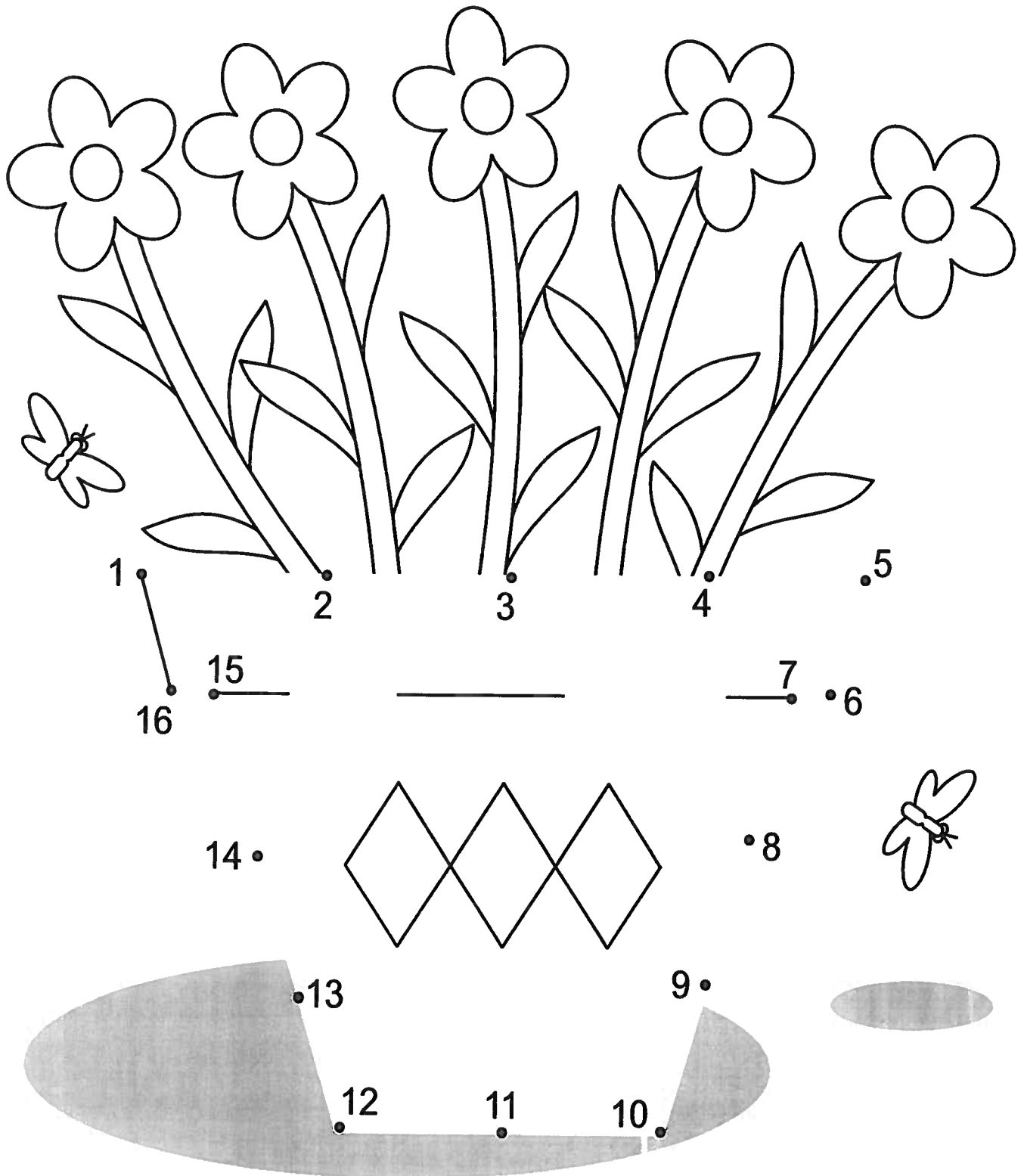


Turn wheelbarrows, tubs, children's wading pools, and boats upside down or store them under cover when not in use.



Keep weeds, vines, and grass trimmed since mosquitoes use these shady areas as resting places during hot daylight hours.

Change water in vases and pots holding flowers and cuttings twice weekly.



TEAR OUT THIS PAGE AND SHARE WITH A PARENT OR TEACHER.

Avoid exposure to viruses that are transmitted by mosquitoes, like Zika Virus, West Nile Virus, Eastern Equine Encephalitis, and St. Louis Encephalitis.



STOP RAISING MOSQUITOES IN YOUR YARD

It's a fact: all mosquitoes need water in which to develop. Listed in the checklist are some helpful tips on how to reduce sources of water in your yard which are potential breeding sites.

PREVENTION IS KEY

Take an active role in reducing your exposure to mosquitoes. Eliminate breeding sites before mosquitoes become a problem, and reduce your chances of being bitten by wearing protective clothing and repellents. Avoid fragrances and dark-colored clothing which attract mosquitoes.

USE THIS CHECKLIST TO INSPECT YOUR YARD AT LEAST TWO TIMES A WEEK.

- ☐ Dispose of unused containers that collect water in your yard such as old buckets, cans, bottles, or jars.
- ☐ Repair leaky pipes and outside faucets, and keep drains and gutter unclogged so the water does not collect in those areas.
- ☐ Change the water and scrub the sides of bird baths, animal troughs, and pet watering dishes often to get rid of mosquito eggs.
- ☐ Properly discard unused tires, make holes in them, or store them in a covered area so that water cannot collect in them.
- ☐ Turn wheelbarrows, tubs, children's wading pools, and boats upside down or store them under cover when not in use.
- ☐ Keep weeds, vines, and grass trimmed since mosquitoes use these shady areas as resting places during hot daylight hours.
- ☐ Fill tree holes with sand or mortar so that water does not collect in them.
- ☐ Change water in vases and pots holding flowers and cuttings twice weekly.