

## Recreation Commission Members

Michaela Donadio  
 Jamie Tittensor  
 Ken White  
 Tom Fox

Gordon Hamm - HHK/SR Athletic Association Rep.  
 John Mongelli  
 Ed Iannelli - Council Liaison  
 Edward Gartner - CPRP, RA  
 Recreation Director

## Organizations related to the HHK Recreation Commission

**Athletic Association**  
 Gordon Hamm, President  
 GHamm98299@aol.com

**Baseball and Softball Association**  
 www.hhksrbaseball.com  
 Dave Massaro, President, (201) 725-8228  
 HHKSRplayball@gmail.com

**Basketball Association**  
 www.hhksrbasketball.com  
 Scott Kastin, Rec Basketball President  
 (845) 216-9319 or skastin@yahoo.com

**Highlands Travel Basketball**  
 www.highlandstravelbasketball.com  
 Jeff Fiore, Travel Basketball President  
 (914) 907-8999 or highlandstravelbasketball@gmail.com  
 or jeffreyyfiore@verizon.net

**Northern Highlands Junior Football and Cheerleading Association**  
 www.nhjrhighlanders.com  
 Dax Strohmeyer, President  
 (201) 248-1335 or nhjrhighlanders@gmail.com

**Highlands Field Hockey Club**  
 www.highlandsfieldhockey.com  
 (201) 248-8370 or admin@highlandsfieldhockey.com

**Highlands Lacrosse Association**  
 www.hlalacrosse.teamsnapsites.com  
 JT Cacciabaudo, (201) 220-6444  
 jtcacciabaudo@gmail.com

**Soccer Association**  
 hohokussaddleriversoccer.teamsnapsites.com  
 James Pitchley, (646) 531-1840  
 James.pitchley@gmail.com

**Americans Soccer Club - Travel Soccer**  
 www.AmericansSoccerClub.org  
 Brian Deane, (201) 264-5520 or  
 info@americanssc.org

**Northern Highlands Jr. Wrestling**  
 www.nhjrjwrestling.com  
 nhjwcoachgray@gmail.com

**Highlands Hockey Association**  
 www.highlandshockey.com  
 John Hite at (201) 848-8500

**Youth Activities Council, Inc.**  
 Chris Batt, President, chrisbatt@yahoo.com



## Ho-Ho-Kus Recreation Commission

Borough of Ho-Ho-Kus  
 333 Warren Ave  
 Ho-Ho-Kus, NJ 07423  
 Phone: (201) 934-3994  
 Fax: (201) 934-6332  
 E-mail: hkhkcreation@aol.com  
 www.hhkborough.com



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## BOROUGH OF HO-HO-KUS RECREATION COMMISSION

# Recreation Guide 2024

Important information on:

- Baseball
- Softball
- Basketball
- Football / Cheerleading
- Lacrosse
- Soccer
- Special Events
- Wrestling
- Hockey

www.hhkborough.com  
 hkhkcreation@aol.com

## Baseball and Softball Association

www.hhksrbaseball.com

Grades: K through 8 boys and girls  
Kickball for Pre-K, Saturday mornings.

Wiffle Ball for 3 yrs+

Registration: January 15 - March 1 online only @ hhksrbaseball.com.

When: Practice starts in late March, games starting in April and ending early in June.

Time: Week nights and on Saturdays for most ages.

K & 1st graders Saturday mornings only.

Contact: Dave Massaro, President, (201) 725-8228

HHKSRplayball@gmail.com

## Basketball Association

www.hhksrbasketball.com

Grades: K-12

Registration: Fall

Time: K-2 Sunday afternoons, January-Mid March

Rec Grades 3/4, 5/6 and 7/8 weeknights and

Saturdays, December - Mid March

Rec Grades 9-12 weeknights, Mid Dec to Early March

Additional: Grades K-2 is HHK/SR only.

Grades 3/4 and 5/6 play games with HHK/SR/All/USR.

Grades 7/8 and 9-12 are combined HHK/SR/All/USR

## Highlands Travel Basketball

www.highlandstravelbasketball.com

Is highly competitive and is offered for grades 3-8 for both boys and girls. Tryouts are in October and the season runs from

November - Mid March

Contacts: Jeff Fiore, Travel Basketball President, (914) 907-8999

highlandstravelbasketball@gmail.com or

jeffreyfiore@verizon.net

## Northern Highlands Junior Football and Cheerleading Association

www.nhjrhighlanders.com

Grades K-8

Grades K-2: Flag Football

Grade 2: Tackle Football (Mighty Mites)

Grades 3-8: Tackle Football

Grades 1-8: Cheerleading

Registration: April

Time: Practices during the week. Games on weekday and weekends.

When: August - November

Contact: Dax Strohmeier, President, (201) 248-1335 or

nhjrhighlanders@gmail.com

Dominique Focazio-Marra, Cheer Director or

domfocazio@gmail.com

## Highlands Field Hockey Club

www.highlandsfieldhockey.com

Grades K-12

Year-round clinics and teams

Time: Evenings and weekends

Where: Northern Highlands and Superdome Sports

Contact: (201) 248-8370 or admin@highlandsfieldhockey.com

## Highlands Lacrosse Association

www.hlalacrosse.teamsnapsites.com

Grades: K-8 Boys and Girls

Registration: November 1 - February 1

When: Practice - March, Games - April, May

Time: Evenings and weekends

Contact: JT Cacciabaudo, (201) 220-6444 or jtcacciabaudo@gmail.com

## Soccer Association

https://hohokussaddleriversoccer.teamsnapsites.com

Registration: Takes place in April / May

Grades: Ages 3-5 year olds - Soccer Squirts

Kindergarten - HHK & SR, Weekend Only

Grades 1-2 - Instructional program - Teams play HHK & SR

Grades 3-8 - NWBSA program - Teams play other towns

Grades 9-12 - NWBSA Coed Program - Teams play other towns

Time: Squirts - Held in Fall and Spring / 1 hour sessions

Instructional - One Weekday and One Weekend Session

NWBSA - Grades 3 - 8 Girls practice Mon and Wed, games

Saturday mornings; Grades 3 - 8 Boys practice Tues and Thurs, games

Sunday afternoons; Grades 9 - 12 Coed Teams, games Sunday afternoons

When: Practice begins late August. Games September - November

Contact: James Pitchley, (646) 531-1840 or James.pitchley@gmail.com

## Americans Soccer Club - Travel Soccer

www.AmericansSoccerClub.org

Ages: U4 through U18

When: Fall, Winter and Spring

Where: Varies with League

Tryouts: Feb-May for Fall; Oct-Dec for Winter/Spring Additions

Contact: Brian Deane, (201) 264-5520 or info@americanssc.org

## Northern Highlands Jr. Wrestling

www.nhjewrestling.com

Grades: K-8 (split sessions)

Time: Season is late Nov through mid Feb. 2x a week practice.

League matches Saturdays in Jan-Feb

Where: Northern Highlands HS for practice and home matches

Registration: Opens mid- September on our website

Contact: nhjwcoachgray@gmail.com

## Highlands Hockey Association

www.highlandshockey.com

Highlands Hockey Assoc. provides ice hockey opportunities for Allendale,

Ho-Ho-Kus, Upper Saddle River & Saddle River

## Youth Activities Council, Inc.

Variety of Educational, Instructional and Recreational Programs

Grades: Pre-k - 8

Time: Varies by Program

Months: Sept. - June

Registration: Varies by Program

Contact: Chris Batt, President, chrisbatt@yahoo.com

## Mark Your Calendar

Memorial Day Parade

May 27, 2024

Parade starts 10:30 am

Richards Run - HHK5k

October 20, 2024

Holiday Lighting Ceremony

December 6, 2024

6:00 - 7:30 pm

HHK Movie Night

September 6, 2024

7:00 pm

HHK Day

September 7, 2024

12:00 pm - 6:00 pm

